

DEPARTMENT OF HEALTH

NO. R. 2763

25 November 2022

HEALTH PROFESSIONS ACT, 1974 (ACT NO.56 OF 1974)

REGULATIONS DEFINING THE SCOPE OF THE PROFESSION OF BIKINETICS

The Minister of Health intends, in terms of section 33 (1) of the Health Professions Act, 1974 (Act No. 56 of 1974), and on the recommendation of the Health Professions Council of South Africa and the Professional Board for Physiotherapy, podiatry, and biokinetics, to make the regulations in the Schedule.

Interested persons are invited to submit any substantiated comments or representations on the proposed regulations to the Director-General of Health, Private Bag X828, Pretoria, 0001 (for attention of the Director: Public Entities Governance; mihloti.mushwana@health.gov.za and paul.tsebe@health.gov.za), within three month of the date of publication of this Notice.



DR M.J PHAAHLA, MP

MINISTER OF HEALTH

DATE: 27/09/2022

SCHEDULE

Definitions

1. In these regulations, and any word or expression to which a meaning has been assigned in the Act shall bear such meaning, unless the context indicates otherwise –

“**the Act**” means the Health Professions Act, 1974 (Act No. 56 of 1974),

Acts pertaining to the profession of biokinetics.

2. The following are deemed to be acts pertaining to the profession of biokinetics:
 - (a) Undertaking comprehensive assessment of a patient or group, to gather relevant information using appropriate techniques and procedures
 - (b) undertaking additional investigations as appropriate, or refer to other professional(s) as required and, through a process of clinical reasoning, formulate a diagnosis / hypothesis
 - (c) collaboratively developing and implementing patient-centred plan and which may include:
 - (i) therapeutic exercise
 - (ii) exercise conditioning
 - (iii) high performance conditioning
 - (iv) functional rehabilitation in self-care and home management
 - (v) functional rehabilitation for work, community and leisure activities
 - (vi) electrophysical modalities and therapeutic techniques for performance enhancement
 - (vii) patient and caregiver education and counselling
 - (viii) recommending assistive, adaptive, orthotic, protective, supportive, and prosthetic devices
 - (ix) recommending physical agents
 - (d) using appropriate monitoring procedures
 - (e) making recommendations for self-management and empowerment

- (f) providing consultancy services
- (g) providing disability and medico-legal assessment and report writing
- (h) prophylactic, therapeutic, rehabilitative and performance- enhancing exercise to optimise movement and sport performance.
- (i) implementing and supervising physical activity programs for individuals throughout the human lifespan.

Repeal

3. The regulations defining the scope of the profession of biokinetics as published under Government Notice R1746 in *Government Gazette* 16021 of 14 October 1994. are hereby repealed.

Short title

4. These Regulations are called Regulations Defining the Scope of the Profession of Biokinetics, 2022.