

DEPARTMENT OF HEALTH

NO. 4352

9 February 2024

**ALLIED HEALTH PROFESSIONS ACT 63 OF 1982
REGULATIONS RELATING TO THE PROFESSION OF NATUROPATHY**

The Minister of Health intends, in terms of section 38 of the Allied Health Professions Act, 1982 (Act No 63 of 1982), and on the recommendation of the Allied Health Professions Council, to make the regulations in the Schedule.

Interested persons are invited to submit substantiated comments or representations in writing on the proposed amendments to the regulations, to the Director-General: Health, Private Bag X828, Pretoria, 0001 (for the attention of the Director: Public Entities Governance, Mihloti.mushwana@health.gov.za and Godfrey.tsebe@health.gov.za, within three months of the date of publication of this notice.



DR M.J. PHAAHLA

MINISTER OF HEALTH

DATE: 14/12/2023

SCHEDULE

Definitions

1. In these Regulations any word or expression to which a meaning has been assigned in the Act bears such meaning and, unless the context otherwise indicates –

“Medicines and Related Substances Act” means the Medicines and Related Substances Act, 101 of 1965 and includes the regulations made thereunder;

“Naturopath” or **“practitioner of Naturopathy”** means a person registered as such under the Act;

“Naturopathy” means a system of medicine that involves the diagnosis and treatment of a physical or mental defect, illness, disease, deficiency or abnormality in any person, or in the promotion and maintenance of health based on a holistic approach which uses the healing power of nature to stimulate the body's ability to heal itself supported by natural and traditional medicine systems, together with the use of various therapies, including, but not limited to, nutritional and herbal therapy, hydrotherapy, thermal therapy, massage therapy, exercise therapy, vibration therapy, reflex therapy, light therapy, electrotherapy and magnetic therapy.

“substance” means anything which, whether used alone or in combination with either its original or natural state or in compounded, manipulated or prepared form, constitutes a medicine used in naturopathy and is referenced in any council-accepted naturopathic literature, or equivalent naturopathic standard; and

“the Act” means the Allied Health Professions Act, 1982 (Act No.63 of 1982).

Acts Specifically Pertaining to the Profession of a Naturopath

2. The following acts are acts specifically pertaining to the profession of a naturopath –
 - (a) The physical and psychological examination, which may include the use of iridology, of any person for the purpose of diagnosing any defect, illness, disease or deficiency in such person;

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- (b) The use or request of any medical diagnostic investigations which may include the request for the withdrawal of intravenous blood;
 - (c) The treatment or prevention of any defect, illness, disease or deficiency in any person by means of:
 - (i) any medicine, substance, device, health promotion and prevention intervention, including but not limited to nutritional and lifestyle advice, including any fasting regimen, according to any council-accepted naturopathic literature or standard;
 - (ii) hydrotherapy;
 - (iii) thermal therapy;
 - (iv) massage therapy;
 - (v) exercise therapy;
 - (vi) vibration therapy;
 - (vii) reflex therapy;
 - (viii) light therapy;
 - (ix) electrotherapy; and
 - (x) magnetic therapy;
 - (d) Advising any person on his or her physical or mental health;
 - (e) Any other acts specifically pertaining to the profession of Naturopathy based on the education and training of such practitioners, as approved by Council from time to time, at the recommendation of the applicable professional board and published in the *gazette*.

Remedies relating to Naturopathy

3. (1) Subject to the provisions of the Medicines and Related Substances Act, No. 101 of 1965, a practitioner registered as a naturopath may, for the purposes of his or her practice –
- (a) Possess or have under his or her control –
- (i) any medicine, preparation or substance, whether scheduled or unscheduled under the Medicines Act No 101 of 1965 and is referenced in any council-accepted naturopathic literature, or equivalent naturopathic standard;
- (b) Prescribe for, administer to, or dispense to, a patient –
- (i) any medicine, preparation or substance, whether scheduled or unscheduled under the Medicines Act No 101 of 1965 and are referenced in any council-accepted naturopathic literature, or equivalent naturopathic standard;
- (ii) any substance, preparation and mixtures of substances, whether they include scheduled substances or substances not scheduled under the Medicines and Related Substances Act No 101 of 1965 and are referenced in any council-accepted naturopathic literature, or equivalent naturopathic standard including-
- a. vitamins;
- b. minerals;
- c. plant extracts, products and derivatives, where contained in registered proprietary medicines and products;
- d. animal extracts, products and derivatives;
- e. fats, oils and fatty acids;

- g. polyphenols and bioflavonoids;
 - h. amino-saccharides;
 - i. saccharides (including prebiotics);
 - j. probiotics;
 - k. gemmotherapy;
 - l. flower essences;
 - m. tissue salts;
 - n. substances intended for application to the skin; and
 - o. health supplements.
- (iii) substances referred to in sub-paragraphs (i) and (ii), water and saline, in an injectable form, where applicable.

(2) For the purposes of his regulations “**dispense**” means dispense as defined in the General Regulations made in terms of the Medicines and Related Substances Act, 1965 (Act 101 of 1965).

Repeal

4. Regulation 48 of the Regulations made under section 38 of the Allied Health Professions Act, 1982 (Act No. 63 of 1982) , as published under Government Notice No. R. 2610 of 03 December 1982 and amended by: Government Notice No. R. 870 of 29 April 1983, Government Notice No. R. 1196 of 10 June 1983, Government Notice No. R. 1745 of 12 August 1983, Government Notice No. R. 2322 of 26 October 1984, Government Notice No. R. 2712 of 14 December 1984, Government Notice No. R. 1083 of 17 May 1985, Government Notice No. R. 2394 of 21 November 1986, Government Notice No. R. 1622 of 31 July 1987, Government Notice No. R. 2366 of 23 October 1987, Government Notice No. R. 629 of 31 March 1988, Government Notice No. R. 2439 of 2 December 1988, Government Notice No. R. 2855 of 7 December 1990, Government Notice No. R. 3089 of 20 December 1991, Government Notice No. R. 2900 of 16 October 1992, Government Notice No. R. 203 of 4 February

1994, Government Notice No. R. 1700 of 25 October 1996 and as repealed (Chapters 1, 2, 3, 4, 5, 6, 7, 9, 10, 12 and 15) by Government Notice No. R. 127 of 12 February 2001' and Regulation 30 of the Regulations made under section 38 of the Allied Health Professions Act, 1982 (Act No. 63 of 1982) as published under Government Notice No. R. 127 of 12 February 2001 are hereby repealed.

Short title

5. These Regulations are called Regulations Relating to the Profession of Naturopathy, 2023.